

Alternative Menu Form

(Allergy & Lifestyle Notification and Medical Diet Request)

The College is committed to providing support with medical dietary requirements and any allergy or Intolerances.

Lifestyle choices do not fall under the legislation of the 14 allergens and subsequently we cannot guarantee that these requirements can be met but we do endeavour to support where we can.

A discretionary charge may be applied in the event of a change of specific changes to your requirements for core allergy and lifestyle requirements.

This form can be returned to the College directly to notify the catering department of your requirements. Allergen safe menus that cover the 14 legal allergens are available on request.

Allergen safe menus are managed in accordance with our Allergy Policy.

For medical diet requests, this form can be returned to the College who should forward it on to the management and Kitchen.

Please send the form to: Bookings@arthurfindlaycollege.org

Students Details

Student's Name	
Course Name & Number	
Course Organiser	

Diet requests are categorised into allergies, lifestyle and medical. Please complete the section/s which are applicable to your dietary needs, please indicate the allergy/ies you **CAN NOT** consume.

Please circle if allergy or intolerance

Intolerance

Allergy

Allergy (please circle the allergy/ies you **CAN NOT** consume.)

Peanut	Milk	Crustacean	Soybean	Fish	Celery	Nuts
Sesame Seeds	Mustard	Lupin	Eggs	Molluscs	Gluten	Sulphites

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Please provide details of the nature of the allergy/intolerance- ingestion/direct contact/in-direct contact

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Has the allergy or intolerance been medically diagnosed? (This must be provided for students with severe reaction / anaphylactic shock.) *(please circle relevant answer)*

YES	NO
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Lifestyle Request

Please provide details for dietary requirements based on lifestyle choices:

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Is EpiPen/ medicine is needed? *(please circle relevant answer)*

YES	NO
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Student Acceptance

Whilst we can provide meals which do not include allergens, please understand that these meals are prepared in a kitchen where other foods are stored, prepared & cooked that contain allergens as well as present in some ingredients from our suppliers due to production techniques.

I confirm that the information supplied is correct and will notify of any changes to the College immediately. I also understand that this information will be shared with others and maybe displayed in the kitchen.

Name: _____

Signed: _____

Date: _____